

Decreased Tolerance to Ethanol-Induced Hypothermia in Long-Term Castrate Male Rats

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MCGIVERN, R. F., T. MELCER AND C. L. MELCHIOR. *Decreased tolerance to ethanol-induced hypothermia in long-term castrate male rats.* PHARMACOL BIOCHEM BEHAV 46(2) 309-314, 1993. — A potential role for central stores of vasopressin in the development of tolerance was studied in the long-term castrate rat. Vasopressin stores in the septal region are known to be dramatically depressed following long-term castration. Sprague-Dawley male rat littermates were castrated at 26 days of age or given a sham surgery. Experiments began when animals reached 130 days of age. Tolerance to the hypothermic effects of ethanol occurred in intact but not castrate animals over the course of six daily IP injections of 3.0 g/kg ethanol. Both groups exhibited tolerance to the length of time needed to return to baseline temperature over the 6 days of ethanol injections. Tolerance to this effect of ethanol was still evident in intact animals but not castrates following another injection of ethanol 1 week later. No tolerance developed to the rebound hyperthermia that occurred in both groups. Blood ethanol levels did not differ significantly between castrate and intact littermates administered a single dose of ethanol. Overall, these results support the hypothesis that endogenous vasopressin is involved in the development of some aspects of tolerance to ethanol.

Vasopressin Castration Ethanol Hypothermia Rats Tolerance

THE administration of vasopressin has been shown to influence both the acquisition and maintenance of tolerance to ethanol in rodents [see (13) for review]. Acquisition of tolerance to ethanol is blocked or delayed when vasopressin is administered (4,19,20). On the other hand, daily injections of vasopressin or nonpressor analogs following cessation of ethanol administration will maintain tolerance for extended periods (13,14,17). Use of vasopressin agonists and antagonists that are relatively selective for different receptor subtypes has shown that this effect of vasopressin is mediated by V₁ receptors in the CNS (27).

The septum has a high density of V₁ receptors, suggesting that this area may be important for the effect of vasopressin on tolerance to ethanol (11). In the present experiments, this possibility was explored by determining the effects of reducing septal vasopressin synthesis on tolerance to ethanol-induced hypothermia. Vasopressin synthesis in this region is regulated by circulating androgens. Neuronal synthesis of vasopressin in the bed nucleus of stria terminalis (BNST), whose projections densely innervate the lateral septum, is stimulated by circulating estrogens converted from androgens (8). Vasopressin synthesis in the septal pathway (5) is therefore dramatically re-

duced following long-term (10-15 weeks) castration (5,7,8). This effect is reversed by administration of testosterone (7). While vasopressin levels are severely reduced, the binding of vasopressin is not altered by castration (28).

In choosing to utilize castration as a means of reducing vasopressin levels, some caution must be exercised because other features of this preparation might effect the response to ethanol. Castrates catabolize ethanol more quickly than controls, as indicated by elevated levels of alcohol dehydrogenase (ADH) (2,3), but neither the rising nor peak levels of ethanol in the blood are altered by castration. Given this pattern of ethanol metabolism, the maximal hypothermic response to ethanol in castrates should not be different from intact animals but castrates could return to baseline body temperature more rapidly than controls.

Another phenomena that has been demonstrated in castrates is an altered thermoregulatory response to elevated body temperature. Castration as a means of depleting septal vasopressin levels has been used to substantiate the role of this pathway in the modulation of hyperthermia (16,24). Castrated rats demonstrate an exaggerated fever in response to administration of prostaglandins. Although castrated rats maintain

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body temperatures no different from controls in ambient temperatures of 24 or 9°C, they display a much higher temperature than controls at 32°C (24). While injection of ethanol at room temperature causes hypothermia, Gallaher and Egner (10) reported that a rebound hyperthermia follows. Castrates may therefore demonstrate an enhanced rebound hyperthermia.

The experimental design chosen for this study minimized the potential contribution of other factors to the response to ethanol or development of tolerance that might differentially affect castrates. Peris and Cunningham (23) demonstrated that stress can exacerbate the hypothermic response to ethanol and influence the development of tolerance. In this experiment, the potential stress of a novel environment or handling was minimized by giving animals several days to acclimate to the test environment and administering saline injections prior to the first injection of ethanol. Previous exposure to these stimuli, as well as the close spacing of a relatively high dose of ethanol, minimized a contribution by learning factors to the development of tolerance (1,26).

METHOD

Sprague-Dawley male littermates (Charles River, Portage, MI) born in our laboratory were castrated at 26 days of age or given a sham surgery under ketamine/xylazine anesthesia. Littermates were represented in both groups. Animals were group housed until the age of testing in a climate-controlled vivarium room. The lighting schedule was 12 L : 12 D with lights on at 0600 h. Dry food pellets (Teklab) and tapwater were available ad lib.

At 130 days of age, castrate and intact animals were implanted with temperature transmitters (Mini-Mitter, Sun River, OR) in the peritoneal cavity. Two weeks later, animals were housed in individual cages in a separate vivarium room and core temperature measurements monitored every 5 min for the remainder of the experiment.

Animals were acclimated to the single cages for 4 days.

Beginning on the fifth day, each animal was injected IP with saline for 3 days in an amount equivalent to the later ethanol injections. On the day following the third injection of saline, animals were given IP injections of 3.0 g/kg ethanol (15% v/v in distilled water) daily for 6 successive days. This was followed by 6 days of saline injections and then a seventh injection of ethanol. All animals were tested at the same time. Injections were given at the same time each day (1000 h).

Experimentally naive littermates of animals used in the tolerance experiments described above were used for blood alcohol clearance rates. At 150 days of age, four intact and five castrate males were implanted with jugular cannulae according to procedures we published previously (9). Animals were allowed 4 days for recovery, whereupon they were injected at 1000 h with ethanol (3.0 g/kg ethanol, 15% v/v in distilled water) and returned to their home cage. Blood samples (100 µl) were drawn at 30, 60, 120, 180, 240, and 360 min postinjection, transferred to capped plastic microfuge vials, and placed on ice. Samples were spun down in a refrigerated centrifuge and the serum frozen at -70°C for later assay using a quantitative enzymatic procedure with standards and reagents supplied by a kit (Cat. A-7011) from Sigma Chemical Co. (St. Louis, MO).

Data Analysis

A baseline temperature was established each day for each animal by taking the average temperature for the period between 0900 and 0945 h. Rebound hyperthermia was assessed by subtracting the mean baseline response following saline injections from the baseline response each day following ethanol. Data were analyzed by one-way repeated-measures analysis of variance (ANOVA).

The hypothermic response was measured by taking the lowest temperature recorded during the 4 h following injection. Data were collapsed into 15-min time blocks. Tolerance was assessed in two ways: a) comparing the lowest temperature in

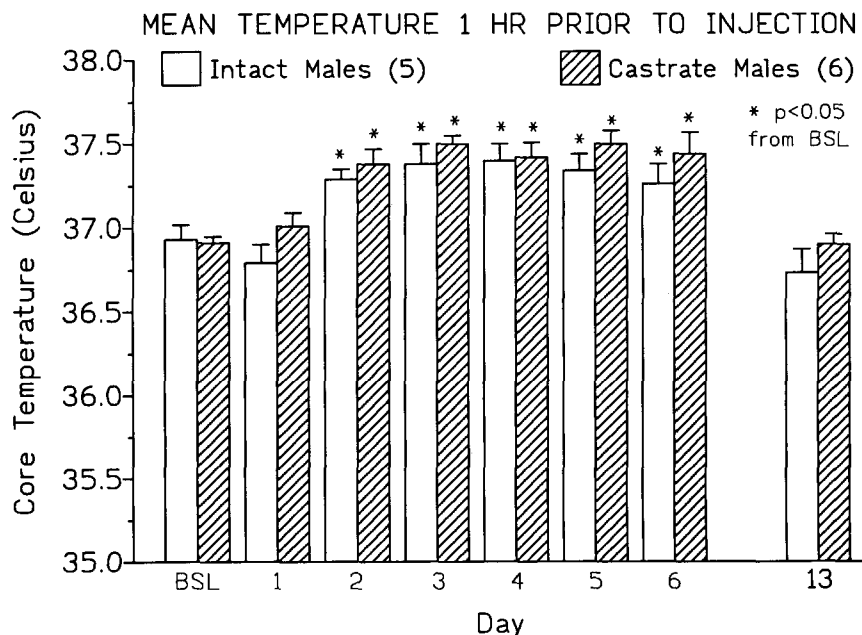


FIG. 1. Mean temperature 1 h prior to ethanol injection in intact or castrate male rats.

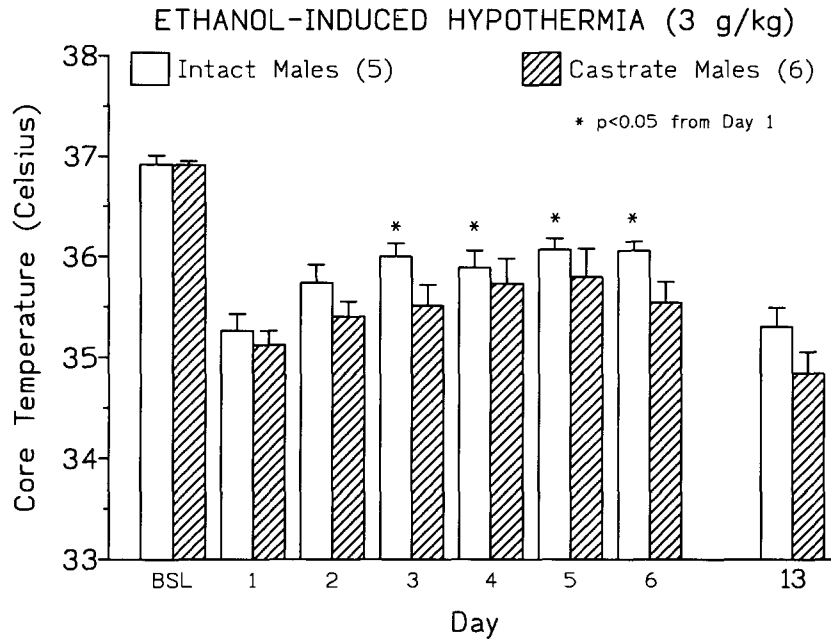


FIG. 2. Hypothermia induced by 3.0 g/kg ethanol injected daily for 6 days and again 1 week later (day 13) in intact and castrate male rats.

response to the first injection of ethanol from the response on each succeeding day; and b) analyzing the change in temperature of the ethanol response from the baseline temperature each day. Planned comparisons for measuring tolerance to hypothermia were conducted using Student's *t*-test.

Time to recovery from hypothermia was determined by

measuring the postinjection time when body temperature was above the baseline temperature for three successive 5-min measurements. Determinations were done by two experimenters blind to the hormonal state of animals. These data, as well as blood alcohol data, were also analyzed using a one-way ANOVA with repeated measures.

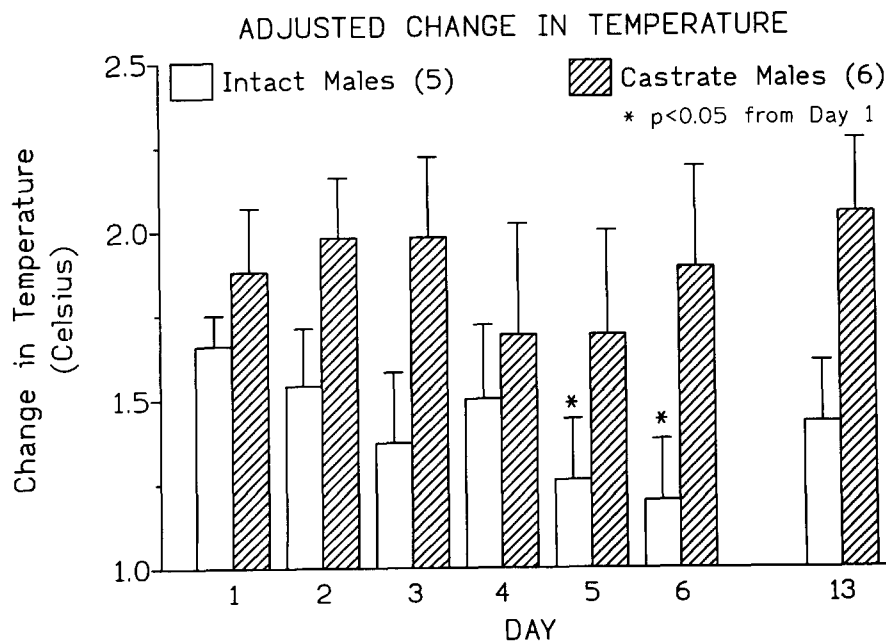


FIG. 3. Change in temperature from the baseline recorded prior to injection to the maximum hypothermia produced by 3.0 g/kg ethanol each day in intact and castrate male rats.

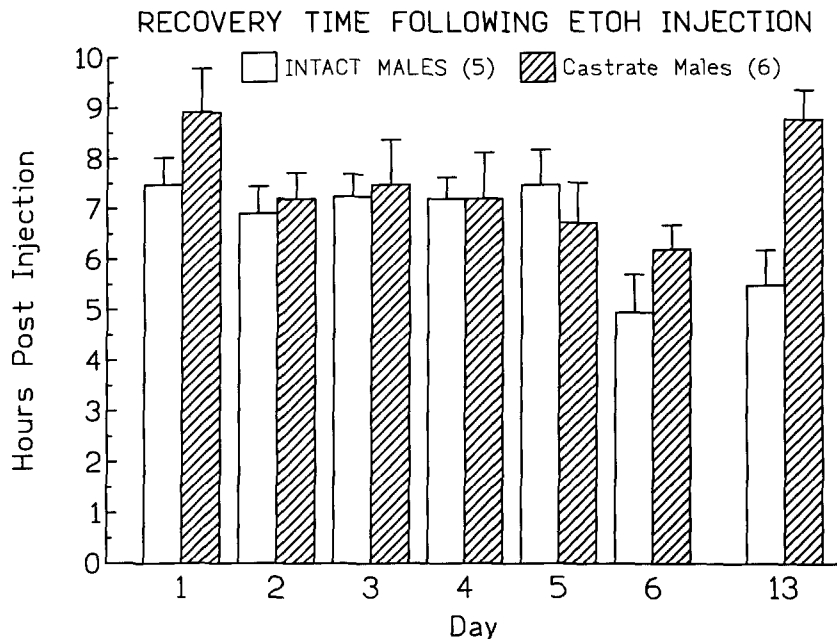


FIG. 4. Time to return to baseline body temperature following injection of 3.0 g/kg ethanol each day in intact and castrate male rats.

RESULTS

Baseline temperature did not differ between castrate and intact animals. The average baseline temperature for the 3 saline days was identical to the average temperature for the 3 preceding uninjected days, indicating that the injection procedure or volume had no effect on baseline temperature. As shown in Fig. 1, baseline temperature following ethanol injection showed a significant rise over days in both groups. The analysis revealed a significant effect for days, $F(5, 45) = 33.24$, $p < 0.001$, but no effect of castration or an interaction of castration with day. A significant rise in baseline temperature was detected in both groups by the second day following the first ethanol injection when compared to the average saline baseline temperature ($p < 0.05$). This rebound hyperthermia persisted through the sixth day of ethanol injections but was not evident after the seventh ethanol injection on day 13 of the experiment.

When tolerance was assessed by comparing the temperature response to the first ethanol injection with each succeeding response, tolerance was evident in intact animals following the third injection and persisted through the sixth injection but was not evident following the seventh injection 1 week later. No tolerance was observed in castrate animals. Data are shown in Fig. 2.

When tolerance was assessed by the amount of change in temperature of the response to ethanol from the baseline temperature preceding the ethanol injection on each day, tolerance was observed after injections 5 and 6 for intact animals. No tolerance was observed in castrates. Data are shown in Fig. 3.

Figure 4 shows the amount of time to return to baseline temperature for the two groups following each injection of ethanol. The latency to return to baseline decreased following the first six injections for both groups [days, $F(5, 45) = 5.37$, $p < 0.001$], with no significant differences between groups

being detected. However, when the recovery time following the seventh injection of ethanol was compared to the time following the sixth injection a significant increase was observed in castrate animals, $t(9) = 2.33$, $p < 0.05$, but not in intact animals.

As shown in Fig. 5, there were no differences between castrate and intact animals in blood alcohol levels at any of the times at which they were measured.

DISCUSSION

Tolerance to ethanol-induced hypothermia was observed in gonadally intact males following six daily IP injections but

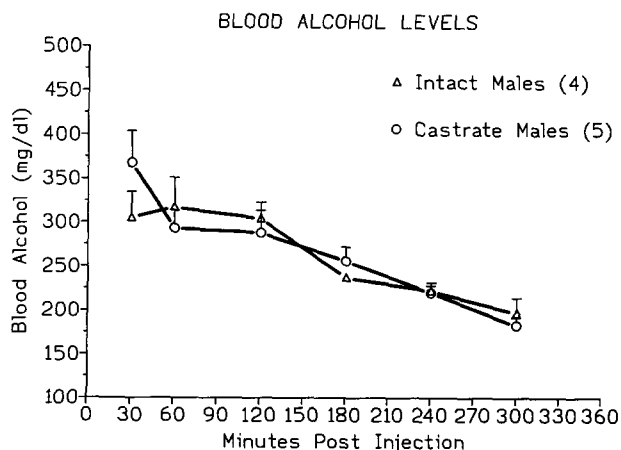


FIG. 5. Blood alcohol levels at various times after injection of 3.0 g/kg ethanol in intact and castrate male rats.

not in long-term castrates. Castrate animals failed to exhibit a hypothermic response on days 2–6 that was significantly less than the response observed following the first injection. However, tolerance to ethanol was observed in both castrates and intact animals in the time to return to baseline temperature. Equal tolerance to this effect was observed in both groups during the acquisition phase of the experiment, but when tolerance to this measure was assessed 1 week after the sixth daily injection only intact animals displayed evidence of tolerance. Overall, these findings support the hypothesis that endogenous vasopressin may facilitate the development and maintenance of tolerance to ethanol.

The finding that castrates fail to develop tolerance is in agreement with the few other studies on the contribution of endogenous vasopressin to the acquisition and maintenance of tolerance to ethanol. Pittman et al. (25) studied the development of tolerance in Brattleboro rats. They found that tolerance did not develop in either the homozygotes that lack vasopressin or the heterozygotes that have low levels of vasopressin. Circumstantial evidence of a role for endogenous vasopressin in the acquisition of tolerance can be inferred from the results of a study by Linkola et al. (18). In that study, a selectively bred alcohol-preferring (AA) strain of rats was found to display significantly more tolerance to alcohol than alcohol-nonpreferring (ANA) rats. AA rats also secreted twice as much pituitary vasopressin as ANA rats in response to a challenge dose of ethanol. More recently, Gulya et al. (1991) reported that chronic ethanol ingestion, which produced functional tolerance in mice, resulted in decreased vasopressin mRNA levels in all areas of the brain examined, including the bed nucleus of the stria terminalis. The authors suggest that this may represent a downregulation of synthesis that could help maintain constant levels of vasopressin. Additional evidence supporting a role for endogenous vasopressin in the maintenance of tolerance was supplied by Szabo et al. (27) by showing that administration of a V_1 -selective vasopressin

antagonist increased the rate of loss of functional ethanol tolerance.

Rebound hyperthermia was evident in both groups on the day following the second injection of ethanol. The elevation in baseline temperature during this time of day was similar in both groups and remained for the following 5 days. No evidence of tolerance to this effect was observed in either group during the period of daily injections. This rebound hyperthermia effect was no longer evident prior to a single ethanol injection 1 week later. The lack of difference between castrate and intact animals may be attributed to the possibility that the temperatures reached during the rebound hyperthermia were not high enough to involve or differentiate an involvement of the vasopressin system in modulating the hyperthermia.

We did not observe any difference in blood alcohol levels between castrates and intact littermates. This finding is similar to that of Cicero et al. (3), who observed no difference in blood alcohol levels between castrate and intact males 3 h following one of several doses of ethanol. Similarly, others found no difference between castrates and intact animals on blood alcohol levels on the ascending and plateau portions of the blood alcohol curve (1,15,21).

In conclusion, castrates do not develop tolerance to the hypothermic actions of ethanol. On the one aspect of ethanol-induced hypothermia in which they did not differ from intact animals on development of tolerance, time to return to baseline, they did not maintain tolerance as intact animals did. These data support the hypothesis that endogenous septal vasopressin is important for the development and maintenance of tolerance to ethanol.

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